

THE GAME – Age Division Specifics

LEARN TO TRAIN - Under 10 Boys

1. 2 x 25 minute halves, with a 5 minute break.
2. Teams will play 7 a-side (including a goal keeper).
3. Coaches will ENSURE that all players have the opportunity to participate and develop equally in all positions, including a minimum of 2 different goalies per game.

NO goalie shall play more than 25 minutes per games.

THE RULES – Age Division Specifics

LEARN TO TRAIN - Under 10 Boys

1. Substitutions can be made at a kick off, throw in or goal kick with referee's permission.
2. **NO off sides** in this division.
3. All free kicks will be indirect, except penalty kicks.
4. A foul committed by a defending player inside the box will result in an indirect kick.
5. A foul throw will be retaken after the referee explains what was wrong with the first attempt. If the second attempt is also foul, the other team will take the throw. Opposing players are to be 2 metres away.
6. All opponents of the opposite team must be on the other side of the **retreat line** during a goal kick. They cannot cross the retreat line until a team-mate of the kicking goalie touches the ball or the ball crosses the retreat line.
7. Although players frequently come in contact with each other, pushing or tripping, are NOT permitted. In addition, un-sportsman like behaviour such as yelling and kicking will result in an indirect kick being awarded to the opposing team.
8. The referee will exercise discretion when calling a handball infraction especially when it is committed in a protective manner.
9. The referee will refrain from penalizing in cases where the offending team may gain advantage.
10. The entire ball must cross the line, before it is out of play or a goal is scored.
11. No person shall stand behind the goal line (end of field).